Please note: you will speak with a health care professional at your appointment about your medical information, all of your options, and you will be able to ask questions.

Medication Abortion Information and Instructions

Information regarding your visit:
- Keep in mind that this is an all-day appointment. It can be an average of 6 hours depending on clinic flow. There will be many steps before the procedure along with some waiting time after for observation.
- You will receive the following services during your visit: a vaginal ultrasound, lab work, an education session and birth control consultation, lastly you will take the first dose of the Medication Abortion here in the clinic.
- For this appointment, there are no restrictions on food. Please make sure you eat before your appointment. The Medication Abortion can cause nausea, especially if taken on an empty stomach.
- You can come by yourself and drive yourself home. However, you are more than welcome to bring a guest.
- If you are late to the appointment we do reserve the right to reschedule. Give yourself plenty of time to get here.
- To cancel or reschedule your appointment, please call us or cancel your appointment via the website at least 24 hours in advance.

Payment:
- If you’re paying out of pocket or a copay is required with your insurance, payment is expected at time of service [cash, credit card, or money order. No personal checks]. We accept credit cards as long as the cardholder is present.

Do you have Medicaid?
- Please make sure to bring your Medical Card or Managed Care Plan to use towards your services.

Do you have Insurance you’d like to use for your visit?
- We recommend contacting your insurance company directly to confirm your eligibility and benefits. Please make sure to bring proof of insurance to your appointment. If you have not yet provided your insurance information please call us with your card available.

Instructions regarding your visit:
- Do not take any illegal drugs or alcohol 24hrs prior to your visit.
- Please do not take any Aspirin 7 days prior to your visit.
- Anyone including yourself and any guest MUST have photo ID to enter the building. Recommended guest limit is 1-2 people. If you have questions or concerns about bringing an ID, please give us a call.
- For abortion appointments at the Springfield Health Center:
  - Babies or children are NOT allowed in the Health Center for this type of appointment.
- For abortion appointments at all other health centers:
  - It is preferred and helpful that babies or children do not accompany you to this appointment due to the long visit length. If you must be accompanied by children or babies a separate responsible adult is required at all times to care for the child in the waiting area.

It is important to follow these instructions to make sure you are able to be seen for your appointment.